

Barrow AFC is an English professional football club which was founded in 1901 and is based in the town of Barrow-in-Furness, Cumbria. The club participates in EFL League 2, the fourth tier of the English league system after gaining promotion from the National League as champions in 2019/2020 and retaining their league status in 2020/2021.



Job Title: Medical and Performance Internship

Department: Medical and Performance

Responsible to: Head of Medical and Performance

Location: NW England. Barrow-in-Furness (matchday) Manchester (training)

Hours of Work: Hours to be suited around studies

Job Type: Internship

Salary: CPD equivalent to £500

We are looking for a driven and passionate Physiotherapy, Sports Rehabilitation or Sports Therapy student/intern to join the Medical and Performance Department for the 2021/22 EFL season.

Role Criteria:

- Positive work ethic, punctual and professional at all times when carrying out roles and duties
 - Develop new research ideas and propose them to the department
 - Contribute to club CPD events
 - Abide to all club and EFL policies
 - To assist the Sports Science, Medical and Rehabilitation staff in the physical conditioning, preparation and development of the Barrow AFC playing squad.
 - To act as a supporting member of staff helping with day-to-day tasks around the training ground and on match days
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Main responsibilities:

- Adhere to all relevant regulatory bodies and legislation to always maintain professional conduct
- Ensure health, safety and hygiene guidelines are appropriately followed
- Comply with all club policies regarding COVID-19
- Attend all meeting with department staff and coaches
- Ensure equipment is prepared for the day's sessions
- Prepare fluids and appropriate nutrition for players so that it is readily available throughout the day
- Assist any delivery of the physical conditioning programme for the entire playing squad
- Help with the design and delivery of pre-training preparation sessions to all members of the training squad. Including soft tissue treatments, manual therapy, activation, and mobility sessions
- Assist where required with implementing injury prevention strategies
- Aid with collection of GPS and HR data if required

This internship is a full-time voluntary position and is highly suitable for students aiming to seek exposure to First Team Professional Football (3rd or Final Year Sports Rehabilitation/Physiotherapy Student/Related Field or MSc Strength and Conditioning/Rehabilitation or Physiotherapy Students)

Desirable:

- FA Emergency First Aid in Football (EFAIF) or higher
 - Student Membership to relevant Governing Body of your profession
 - Student Liability Insurance
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This description should serve as a guide only and should not be considered absolute or exhaustive. The purpose of this description is to indicate the areas of activity to which the job role pertains and may be amended in line with the changing needs of the organisation.

If you feel you meet the criteria, please email your CV and a short covering letter (max 250 words) to chacehomer@gmail.com

Applications sent via alternative means may not be processed.

Please send your applications in by 9:00am on Thursday 24th June 2021
