



## **Barrow AFC, Barrow AFC Community Trust and Barrow AFC Performance Centre**

### **Anti-Bullying Policy and Procedures**

#### **Statement of Intent**

Barrow AFC, Barrow AFC Community Trust and Barrow AFC Performance Centre are committed to providing a caring, friendly and safe environment for all of our members so they can participate in football in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our club. If bullying does occur, all club members or parents should be able to tell and know that incidents will be dealt with promptly and effectively. We are a TELLING club. This means that anyone who knows that bullying is happening is expected to tell the Club Welfare Officer or any committee member. This club is committed to playing its part to teach players to treat each other with respect.

#### **What is Bullying?**

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

#### **Examples of bullying:**

Emotional being unfriendly, excluding (emotionally and physically) sending hurtful text messages, tormenting, (e.g., hiding football boots/shin guards, threatening gestures)

Physical pushing, kicking, hitting, punching or any use of violence

Sexual unwanted physical contact or sexually abusive comments

Discrimination racial taunts, graffiti, gestures, homophobic comments, jokes about disabled people, sexist comments,

Verbal name-calling, sarcasm, spreading rumours, teasing

Cyberbullying

This is when a person uses technology i.e., mobile phones or the internet (social networking sites, chat rooms, instant messenger, tweets), to deliberately upset someone. Bullies often feel anonymous and 'distanced' from the incident when it takes place online and 'bystanders can easily become bullies themselves by forwarding the information on. There is a growing trend for bullying to occur online or via texts – bullies no longer rely on being physically near to the young person.

Barrow AFC, Barrow AFC Community Trust and Barrow AFC Performance Centre commits to ensure our website(s) and/or social networking pages are being used appropriately and any online bullying will be dealt with swiftly and appropriately in line with procedures detailed in this policy.



## Why is it Important to Respond to Bullying?

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Individuals who are bullying need to learn different ways of behaving.

Barrow AFC, Barrow AFC Community Trust and Barrow AFC Performance Centre has a responsibility to respond promptly and effectively to issues of bullying.

### **Anti-bullying Objectives:**

All club members, coaches, officials and parents should have an understanding of what bullying is.

All club members, officials and coaching staff should know what the club policy is on bullying and follow it when bullying is reported.

All players and parents should know what the club policy is on bullying, and what they should do if bullying arises.

As a club we take bullying seriously. Players and parents should be assured that they would be supported when bullying is reported.

Bullying will not be tolerated.

Signs of bullying

**A child may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:**

*says he or she is being bullied*

*is unwilling to go to club sessions*

*becomes withdrawn anxious, or lacking in confidence*

*feels ill before training sessions*

*comes home with clothes torn or training equipment damaged*

*has possessions which have 'gone missing*

*asks for money or starts stealing money (to pay the bully)*

*has unexplained cuts or bruises*

*is frightened to say what's wrong*

*gives improbable excuses for any of the above.*



*In more extreme cases, if a child:*

*starts stammering*

*cries themselves to sleep at night or has nightmares*

*becomes aggressive, disruptive or unreasonable*

*is bullying other children or siblings*

*stops eating*

attempts or threatens suicide or runs away.

These signs and behaviours may indicate other problems, but bullying should be considered a possibility and should be investigated.

Bullying as a result of any form of discrimination

Bullying because of discrimination occurs when bullying is motivated by a prejudice against certain people or groups of people. This may be because of their gender, age, race, nationality, ethnic origin, religion or belief, sexual orientation, gender reassignment, disability or ability.

Generally, these forms of bullying look like other sorts of bullying, but in particular it can include:

Verbal abuse – derogatory remarks about girls or women, suggesting girls and women are inferior to boys and men, or that black, Asian and ethnic minority people are not as capable as white people; spreading rumours that someone is gay, suggesting that something or someone is inferior and so they are “gay” – for example, “you’re such a gay boy!” or “those trainers are so gay!” Ridiculing someone because of a disability or mental health related issue, or because they have a physical, mental or emotional developmental delay. Referring to someone by the colour of their skin, rather than their name; using nicknames that have racial connotations; isolating someone because they come from another country or social background etc.

Physical abuse – including hitting, punching, kicking, sexual assault, and threatening behaviour.

Cyberbullying – using online spaces to spread rumours about someone or exclude them. It can also include text messaging, including video and picture messaging.

Procedures

1. Report bullying incidents to the Club Welfare Officer/General Manager Alisha Henry, Designated Safeguarding Manager Alison Jesson or a Board member
2. In cases of serious bullying, the incidents will be referred to the County FA Welfare Officer for advice and possibly to The FA Case Management Team
3. Parents should be informed and will be asked to come into a meeting to discuss the problem



4. If necessary and appropriate, the police will be consulted
5. The bullying behaviour or threats of bullying must be investigated, and the bullying stopped quickly
6. An attempt will be made to help the bully (bullies) change their behaviour
7. If mediation fails and the bullying is seen to continue the club will initiate disciplinary action under the club constitution

### **Recommended Club Action**

If the club decides it is appropriate for them to deal with the situation, they should follow the procedure outlined below:

1. Reconciliation by getting the parties together. It may be that a genuine apology solves the problem.
2. If this fails/not appropriate a small panel (made up from the Club Welfare Officer, SAFEGUARDING MANAGER and one member of the All Bluebirds group) should meet with the parent and child alleging bullying to get details of the allegation. Minutes should be taken for clarity, which should be agreed by all as a true account.
3. The same 3 persons should meet with the alleged bully and parent/s and put the incident raised to them to answer and give their view of the allegation. Minutes should again be taken and agreed.
4. If bullying has in their view taken place the individual should be warned and put on notice of further action i.e., temporary or permanent suspension if the bullying continues. Consideration should be given as to whether a reconciliation meeting between parties is appropriate at this time.
5. In some cases the parent of the bully or bullied player can be asked to attend training sessions, if they are able to do so, and if appropriate. The club committee should monitor the situation for a given period to ensure the bullying is not being repeated.
6. All coaches involved with both individuals should be made aware of the concerns and outcome of the process i.e., the warning.

In the case of adults reported to be bullying anyone within the club under 18;

1. The County Welfare Officer should always be informed and will advise on action to be taken where appropriate; this may include action by The FA Safeguarding Team.
2. It is anticipated that in most cases where the allegation is made regarding a team manager, official or coach, The FA's Safeguarding Children Education Programme may be recommended.
3. More serious cases may be referred to the Police and/or Children's Social Care.

Prevention



Barrow AFC, Barrow AFC Community Trust and Barrow AFC Performance Centre has a Staff Handbook and Club Charter which includes what is acceptable and proper behaviour for all members of which the anti-bullying policy is linked to.

All club members and parents sign Codes of Conduct upon joining the club.

The Club Welfare Officer will raise awareness about bullying and why it matters, and if issues of bullying arise in the club, will consider meeting with members to discuss the issue openly and constructively.

#### CONTACT INFORMATION

General Manager/Club Welfare Officer: Alisha Henry

Tel: 01229 666011

Email: [a.henry@barrowafc.com](mailto:a.henry@barrowafc.com)

Designated Safeguarding Manager: Alison Jesson

(Senior Club) Tel: 01229 666010

Email: [a.jesson@barrowafc.com](mailto:a.jesson@barrowafc.com)

If at any time you are not able to contact your Club Welfare Officer or Designated Safeguarding Manager, the matter is clearly serious then you can contact your CFA Welfare Officer directly:

Lancashire FA

Neil Yates on 01772 282756

Email: [neil.yates@lancashirefa.com](mailto:neil.yates@lancashirefa.com)